MH Markets

DAILY DAY-TRADING MARKET OUTLOOK

JUNE 10, 2026

EXECUTIVE SUMMARY

Instrument	Bias	Key Resistance	Key Support
Gold (XAUUSD)	Neutral	4242/49 (***)	4151/45 (***)
EURUSD	Neutral	1.1572/79 (***)	1.1509/00 (***)
GBPUSD	Neutral	1.3406/12 (***)	1.3339/34 (***)
USDJPY	Neutral	160.61/68 (***)	160.03 (***)
US500	Neutral	7400 (***)	7321/15 (***)
USNDX	Neutral	29,180 (***)	28,720/660 (***)
US Oil	Neutral	8900/8930 (***)	8585/8540 (***)

*Strong.   ***Very Strong

GOLD (XAUUSD)

Market Bias: Neutral

Immediate Resistance: 4217/27 ()
Major Resistance: 4242/49 ()

Immediate Support: 4162/59 ()
Major Support: 4151/45 ()

Bullish Scenario

A sustained break above 4217/27 would expose the major resistance zone at 4242/49. A clear break above this very strong resistance area would indicate bullish continuation.

Bearish Scenario

A move below 4162/59 would shift focus toward the major support zone at 4151/45. A decisive break beneath this area would strengthen downside momentum.

Intraday Outlook

Gold remains confined between major institutional support and resistance levels. A breakout beyond the nearest starred levels is required for directional confirmation.

Key Trading Levels

Resistance	Strength
4242/49	Very Strong

Support	Strength
4151/45	Very Strong

EURUSD

Market Bias: Neutral

Immediate Resistance: 1.1561 ()
Major Resistance: 1.1572/79 ()

Immediate Support: 1.1520 ()
Major Support: 1.1509/00 ()

Bullish Scenario

A break above 1.1561 may trigger a move toward 1.1572/79. A successful breakout of the major resistance zone would favor further upside continuation.

Bearish Scenario

A decline below 1.1520 would expose the major support area at 1.1509/00. A clear break below this zone would increase bearish pressure.

Intraday Outlook

EURUSD remains balanced within its defined support and resistance framework.

Key Trading Levels

Resistance	Strength
1.1572/79	Very Strong

Support	Strength
1.1509/00	Very Strong

GBPUSD

Market Bias: Neutral

Immediate Resistance: 1.3397 ()
Major Resistance: 1.3406/12 ()

Immediate Support: 1.3357/51 ()
Major Support: 1.3339/34 ()

Bullish Scenario

A move above 1.3397 would open the path toward 1.3406/12. A break above the very strong resistance zone would support further gains.

Bearish Scenario

A break below 1.3357/51 would expose 1.3339/34. Loss of this support zone would strengthen downside risks.

Intraday Outlook

Price action remains contained within clearly defined technical boundaries.

Key Trading Levels

Resistance	Strength
1.3406/12	Very Strong

Support	Strength
1.3339/34	Very Strong

USDJPY

Market Bias: Neutral

Immediate Resistance: 160.46/50 ()
Major Resistance: 160.61/68 ()

Immediate Support: 160.18/11 ()
Major Support: 160.03 ()

Bullish Scenario

A break above 160.46/50 may allow a test of 160.61/68. A decisive break of this zone would signal bullish continuation.

Bearish Scenario

A move below 160.18/11 would expose the major support level at 160.03. A break beneath this level would increase bearish momentum.

Intraday Outlook

USDJPY remains range-bound while trading between strong institutional levels.

Key Trading Levels

Resistance	Strength
160.61/68	Very Strong

Support	Strength
160.03	Very Strong

US500

Market Bias: Neutral

Immediate Resistance: 7385/90 ()
Major Resistance: 7400 ()

Immediate Support: 7337/33 ()
Major Support: 7321/15 ()

Bullish Scenario

A break above 7385/90 would target the major resistance at 7400. A clear breakout above this very strong level would favor additional upside extension.

Bearish Scenario

A decline below 7337/33 would expose the major support zone at 7321/15. A break below that area would strengthen bearish pressure.

Intraday Outlook

The index remains positioned between key institutional support and resistance levels.

Key Trading Levels

Resistance	Strength
7400	Very Strong

Support	Strength
7321/15	Very Strong

USNDX

Market Bias: Neutral

Immediate Resistance: 29,083/111 ()
Major Resistance: 29,180 ()

Immediate Support: 28,855/790 ()
Major Support: 28,720/660 ()

Bullish Scenario

A move above 29,083/111 could trigger a test of 29,180. A break above the major resistance would support bullish continuation.

Bearish Scenario

A decline below 28,855/790 would shift focus toward 28,720/660. A decisive break beneath this support zone would strengthen downside momentum.

Intraday Outlook

Directional conviction is likely to emerge only after a break of the nearest starred levels.

Key Trading Levels

Resistance	Strength
29,180	Very Strong

Support	Strength
28,720/660	Very Strong

US OIL

Market Bias: Neutral

Immediate Resistance: 8860 ()
Major Resistance: 8900/8930 ()

Immediate Support: 8655/35 ()
Major Support: 8585/8540 ()

Bullish Scenario

A break above 8860 may expose the major resistance band at 8900/8930. A clear break above this zone would favor bullish continuation.

Bearish Scenario

A decline below 8655/35 would expose the major support area at 8585/8540. A decisive break below this zone would strengthen downside pressure.

Intraday Outlook

Oil remains technically balanced while trading between major support and resistance zones.

Key Trading Levels

Resistance	Strength
8900/8930	Very Strong

Support	Strength
8585/8540	Very Strong